



**United Sixth Form**

The best in everyone™

Part of United Learning

Respect - Equality - Ambition - Community - Hard Work & Determination



Distinction | 2024 - 2025



November 2024

**Dear Parents/Carers,**

### **USF Enrichment Options Process Launch**

We are excited to announce the launch of our Enrichment Options process for Year 12/13 students, which begins this week. This program is designed to offer your child a variety of activities aimed at contributing to their personal development, character building, and overall growth as individuals.

#### **Vision Overview:**

At United Learning, we place a strong emphasis on *“Education with Character.”* Our aim is not only to support academic success but also to help nurture qualities such as resilience, leadership, compassion, and service. The enrichment lessons we offer are designed to inspire students, providing them with the opportunity to explore their interests while developing essential skills for their future. Throughout the enrichment program, students will have the chance to select from a range of activities, each of which is designed to promote personal growth, teamwork, and leadership. These activities are an important part of our broader mission to prepare students for future success.

#### **Process Overview:**

**1. Exploring Enrichment Activities:**

To assist your child in selecting their enrichment activities, we have attached an Enrichment Pathway Booklet. This booklet contains detailed information on the available options. We encourage you to review it together with your child and discuss the activities that might spark their interest.

**2. Enrichment Fair:**

On Wednesday, 20th November, we will host an Enrichment Fair during students' normal enrichment session. This event will give students the opportunity to learn more about the different enrichment sessions. It's a great chance for them to ask questions and get a better understanding of each activity.

**3. Option Preference Choices:**

After the fair, students will be asked to make their option preferences. The sign-up window will open on Wednesday, 20th November at 4:00PM and will close on Friday, 22nd November at 8.00PM. A follow-up email will be sent to students with a link to the online sign-up form. We ask students to provide four preferences so that we can ensure they are placed in one of their top choices.

We encourage you to have open discussions at home to help your child make informed decisions. This is a fantastic opportunity for them to explore new interests and develop valuable life skills outside the classroom.

If you have any questions or would like further clarification, please do not hesitate to contact me at [ross.goldsmith@avonbourneacademy.org.uk](mailto:ross.goldsmith@avonbourneacademy.org.uk)

**Principal:** Michelle Dyer

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Thank you for your continued support as we embark on this exciting journey of enrichment and personal development.

Yours sincerely,

**Ross Goldsmith**

**Associate Assistant Principal & Head of Physical Education**

**Principal: Michelle Dyer**

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# Year 12/13 Enrichment Options Booklet

*A guide to the activities  
available from December 2024*

No.	Activity Summary	
1	<b>Football</b>	Mr Plunkett
	<p>Through choosing Football within your enrichment pathway, you will have the time to grow your communication skills through the development of tactics, formations, set plays and strategies within your squad. This aspect will focus on the Fit to Lead aspect of our curriculum. Additionally, you will evolve your technical skills through small sided competitive games which will also work on improving the fitness levels required to play successfully. Thus, focusing on Fit to Perform and Fit for Life sections of the curriculum, as you demonstrate technical skills and aerobic and anaerobic athleticism.</p> <p>Values Developed- Resilience, Ambition, Community, Hard Work &amp; Determination.</p>	
2	<b>Basketball</b>	Mr Goldsmith
	<p>At Avonbourne, selecting basketball as part of your enrichment pathway offers more than just an opportunity to play a sport – it’s a chance to build key life skills. Through training, officiating, and competitive matches, you’ll develop leadership, teamwork, communication, and organisational skills, all while promoting your physical and mental well-being. As part of our Physical Education programme, which focuses on being Fit to Lead, Fit for Life, and Fit to Perform, basketball will help shape your character and prepare you for future challenges. It’s not just about the game – it’s about growing as a person and staying active for life.</p> <p>Values Developed- Resilience, Ambition, Community, Hard Work &amp; Determination.</p>	
3	<b>Girls Active</b>	Mrs Burley
	<p>Choosing the <i>Girls Active Pathway</i> as part of your child’s enrichment journey offers more than just the chance to participate in sports—it’s an opportunity to build essential life skills. Through activities such as yoga, running, fitness, net games, and team sports, students will develop leadership, teamwork, communication, and organizational skills, all while enhancing their physical and mental well-being.</p> <p>Aligned with our Physical Education programme, which focuses on being <i>Fit to Lead, Fit for Life, and Fit to Perform</i>, this pathway encourages a healthy, active lifestyle that will not only shape your child’s character but also prepare them for future challenges. It’s about more than just playing games; it’s about growing as a person, building confidence, and staying active for life.</p> <p>Values Developed- Resilience, Ambition, Community, Hard Work &amp; Determination.</p>	



4	<b>Driving test theory</b>	Mr Mitchell
<p>This enrichment activity is designed to introduce sixth form students to the UK driving theory test, giving them an early understanding of driving laws, road safety, and hazard perception. Over the course of the term, students will explore various elements of the theory test, including road signs, rules of the road, and responsible driving practices. Each session will include interactive lessons, quizzes, and practice tests, helping students to gradually build their knowledge and confidence for when they eventually take the official test.</p> <p>Opting for this enrichment activity offers multiple benefits. Learning driving theory early can reduce stress and improve test performance when students reach driving age. It builds essential life skills, including decision-making and awareness of road safety, which are critical whether they are drivers or passengers. Additionally, understanding road etiquette and laws can empower students to make safer choices and be more considerate road users. This foundation in safe driving also supports their journey towards independence, making this enrichment a valuable step in preparing them for adulthood.</p>		
Values Developed- Resilience, Determination, Ambition and Achievement.		
5	<b>Web Design - Creating digital CV's</b>	Miss Druce
<p>Sixth form students will have the opportunity to immerse themselves in the dynamic world of digital technology and learn to create their very own digital CVs. Throughout this course, students will be introduced to crucial web development tools, including HTML, CSS, and JavaScript. These languages form the backbone of web design and will empower students to construct not only visually appealing websites but also functional ones. By acquiring these skills, they will gain a deeper understanding of how websites are built and maintained, providing them with a solid foundation for future technological pursuits.</p> <p>Students will begin by looking at the basics of HTML and CSS, adding images, navigation and links to their digital CVs. They will take a look at responsive design – learn how to make their CV's professional and use JavaScript to add dynamic elements to their websites. Please note that the websites will not be published onto the internet (due to hosting fees) – however should students wish to do this, advice and support will be given to do so.</p> <p>Delving into web design opens a new window to exciting career possibilities in the field of Computer Science. This course will illustrate to students one of the various rewarding pathways that a career in Computer Science can offer.</p>		
Values Developed- Hard Work, Equality, Determination, Resilience, Creativity		
6	<b>Student survival recipes- Cooking</b>	Miss Dashwood
<p>This enrichment activity will give students the opportunity to test out healthy, budget friendly recipes in preparation for moving away from home. Going to university or moving out is an exciting time but can also be daunting. Having the independence to be able to cook for yourself and friends will give you confidence as you move into adulthood, whilst keeping you healthy to fend off any fresher's flu! We will be making both sweet and savoury dishes as well as talking about budgeting and food shopping. Students will be given a list of ingredients that they will be expected to bring for each session.</p>		
Values Developed- Ambition, Resilience, Hard Work and Determination		



7	<b>Debate Club</b>	Miss Evans
	<p>This enrichment activity will give students an introduction to the principles of formal debate. Debating is a valuable skill to learn that can support students' critical thinking and develop their understanding of difficult topics. When taking part in debates students are challenged to improve their communication and presentation skills, which are often vital for University courses, interviews, and a variety of different jobs. Debating in teams encourages collaboration and listening to a wide range of view points. The topics chosen will initially be chosen by the teacher to support students' skills in formulating arguments and speaking in front of the group. We will explore questions around the voting age, international tourism, and climate change. The students will then have the opportunity to propose topics that they wish to debate and vote for different subjects.</p>	
	<p>Values Developed - Ambition, Community, Hard Work &amp; Determination</p>	